

When it comes to safety... There are no compromises

Milton Heights Racing Club racers **must** adhere at all times to our Helmet Policy with the exception of Freestyle and Snowboard participants. **An acceptable helmet must have a full ONE shell design with ear coverage.** Starting in K1, racers will need a **breakaway** mouth guard that attaches to their helmet **for slalom training ONLY.** Please note that while it is imperative for racers to have a mouth guard while cross blocking gates in slalom; it can become harmful when training for speed events and therefore **MUST** be removed for such training and race days.

Racers that do not have an acceptable helmet will **NOT** be allowed to participate in Milton Heights Racing Programs. Help us ensure that all racers have a happy and safe racing experience.

NOT ACCEPTABLE



ACCEPTABLE

